



### **ACTIVITY 3: Acceptance- “Yes, Let’s Do That!”**

Imagine what would happen in an Improv scene if someone came on stage and said, “Hello, dad.” And I said, “I’m not your dad.” Where can the conversation go from there?

No matter what I may have in my mind of where the scene should go, if someone speaks first and says “Hello, Dad!” I have to stop what I am thinking and go along with the scene. I am now a dad.

In business Improv, acceptance is essential to collaboration, teamwork, innovative change and creative problem solving.

Acceptance is the willingness to treat somebody as a member of a group or allow somebody to join in.

We can easily make other people feel uncomfortable and not accepted when we don’t listen to them, when we interrupt.

#### **ACTIVITY:**

1. Instruct the participants to walk around the room.
2. Tell them you will shout out a location, and they must respond by saying, “Yes, let’s go to the ...*location!*” and immediately populate the environment and either become something or someone within that environment.
  - a. EXAMPLE: if I say, “let’s go to the BEACH”, participants would instantaneously become swimmers, a volleyball player, a shark...

3. The only stipulation is there can only be ONE of each object or person. You must either change or find a way to collaborate with that person.

#### OBJECTIVES:

1. Be willing to receive information and message more clearly
2. Trust themselves and strengthen their team connections
3. **Take risks** and tune in to their spontaneous nature
4. Be encouraged to **take the initiative** with a group environment

#### Notes:

##### Locations to use

- Library
- Gym
- Cafeteria
- Golf course
- Wedding
- Grocery store